

REGISTER TODAY!

SEPTEMBER 18TH 9AM-1PM

 **MILLENIUM HIGH SCHOOL**
14802 W. Wigwam Blvd. Goodyear, AZ 85395

SPEAK UP

**STAND UP
SAVE A LIFE**

9th Annual Youth Conference

Dear Incredible Educators and Community Advocates,

We are thrilled to share the exciting news that registration for the Speak Up, Stand Up, Save a Life conference is now open! This year's event will take place at Millenium High School in Goodyear on September 18, 2026.

From mobile phones to smart TVs and the myriad digital devices in-between, omnipresent screens threaten to distract our kids, undermine their relationships, and seriously compromise their wellbeing with unhealthy content, online predators, cyberbullying, and misinformation. The need for a practical, evidence-based roadmap to digital wellness for children and youth has never been greater.

This is why Speak Up Stand Up Save a Life is partnering with The Mediatrician, Dr. Michael Rich (Founder & Director of the Digital Wellness Lab at Harvard Medical School and author of The Mediatrician's Guide: A Joyful Approach to Raising Healthy, Smart, Kind Kids in a Screen-Saturated World) to create a special one-day training for student leaders.

Through skits, presentations, and interactive activities, participants will learn the science-based art of thriving in a digital world and craft strategies for promoting digital wellness in their home schools.

A few notes for this year:

- Lunch will be provided
- \$20 Fee per person attending helps cover the costs of this event.

Let's come together to make a difference and create a safe space for our students! Mark your calendars and be part of this empowering conference. See you there!

#SpeakUpStandUpSaveALife #TeenEmpowerment #EducationMatters

REGISTER HERE speakstandsave.com/register.com