

EMPLOYEE BENEFITS

Eligibility: Employees and benefits-eligible family members

BENEFIT	INCLUDED	YOUR RESPONSIBILITY
<p>Counseling Assessments <i>Get help for concerns related to addiction, anxiety & depression, family, relationships, communication, divorce, domestic violence, eating disorders, gambling, grief & loss, stress management, work concerns, motivation and more.</i></p>	<p>Up to 3 in-person meetings with a counselor.</p>	<p>After a referral for ongoing care is made, copays related to seeing a therapist on your insurance network may apply. Out-of-network providers may entail that you pay out of pocket.</p>
<p>Legal Services <i>Consult with an attorney about issues related to financial matters, criminal charges, estate planning, civil disputes, taxes, immigration & naturalization, guardianship & custody, name changes, child support, property boundary disputes, adoption and more.</i></p>	<p>Initial 30-minute phone consultation; unlimited access to do-it-yourself legal documents online. *25% discount for ongoing consultations with an in-network attorney.</p>	<p>Fees for on-going consultations* with an attorney are your responsibility.</p>
<p>Financial Services <i>Consult with a financial counselor about matters related to credit counseling, tax planning, college funding, charitable giving, business services, debt and budgeting assistance, retirement planning, estate conservation, IRA funding, pensions, 401Ks and more.</i></p>	<p>Initial 30-minute phone consultation and access to financial calculators and resource documents online.</p>	<p>Fees for ongoing consultations with a financial consultant is your responsibility.</p>
<p>Id Theft Victim Resources <i>Get assistance with emergency response, restoring identity and good credit, steps to dispute fraudulent debts, how to communicate with creditors & collection agencies, financial counsel, and more.</i></p>	<p>Initial 60-minute phone consultation, ID theft response kit, and prevention information.</p>	<p>Fees for additional services which may be offered or recommended, such as credit monitoring and comprehensive credit repair services are your responsibility.</p>

EMPLOYEE BENEFITS

Continued...

BENEFIT	INCLUDED	YOUR RESPONSIBILITY
<p>Daily Living Information Services <i>Connect with a Daily Living consultant to get help with information, listings or resources related to home maintenance & repair, travel & relocation, recreation, pet care, dining & entertainment, event planning, volunteering, family activities and more.</i></p>	<p>Unlimited phone or live chat consultations/requests for finding consumer services and resources.</p>	<p>Payment for services you utilize from the list of referrals you receive is solely your responsibility.</p>
<p>Childcare & Parenting Resources <i>Connect with a childcare/parenting consultant about finding resources related to infant through school-age care, back-up care, summer camps, education & tutoring, special needs, parenting resources, lactation support, adoption support and more.</i></p>	<p>Unlimited phone or live chat consultations.</p>	<p>Payment for services you utilize from the list of referrals you receive is solely your responsibility.</p>
<p>Older Adult & Eldercare Resources <i>Connect with an older adult/eldercare consultant about resources & information needs related to senior services, housing options, caregiving support, geriatric specialists, transportation services, activities, and more.</i></p>	<p>Unlimited phone or live chat consultations</p>	<p>Payment for services you utilize from the list of referrals you receive is solely your responsibility.</p>
<p>In-The-Moment Support <i>Our phones are answered by a professional team of masters-level clinicians, who can help you manage your distress, create a plan of action, and provide resources (which may include referrals for further services).</i></p>	<p>24/7 access to a professional, masters-level therapist who will help you manage your distress, create a plan of action, & provide resources (which may include referrals for further services).</p>	<p>A referral may be made to a therapist on your insurance network. Copays and other out-of-pocket costs may apply.</p>

EMPLOYEE BENEFITS

Continued...

BENEFIT	INCLUDED	YOUR RESPONSIBILITY
<p>Wellspring Stress Center™ <i>Access instant relief tools, take a stress assessment and find out your Stress Number®, identify your stress triggers and learn ways to manage, build resilience with a stress management platform called the Oxygen Plan™.</i></p>	<p>Unlimited access to an online stress management and prevention center, including instant relief tools and long-term solutions.</p>	<p>Cost for downloading some suggested tools, such as apps for managing stress, are your responsibility.</p>
<p>Subscriptions <i>Complimentary and optional subscription to a monthly email that delivers access to monthly live webinars, information about benefit components and a well-being or productivity related article. The subscription includes The Source™ quarterly newsletter and EAP Response™ - which contains helpful information whenever a high-impact traumatic or catastrophic event happens in the community or around the world.</i></p>	<p>Monthly emails featuring the webinar of the month, spotlight on an EAP benefit, and a feature article on well-being or productivity, with direct links to the website.</p>	<p>N/A</p>
<p>Employee Website <i>Online tools, resources and information include (but are not limited to): EAP benefit information, monthly on-demand webinars, skill builders wellness articles, work-life resource library, instant messaging, online referral requests, online orientation.</i></p>	<p>Unlimited 24/7 access</p>	<p>N/A</p>